

**Reservations, Cancellation Policy, and Fees.** A reservation made to the hike leader is a commitment to attend the hike. If you make a reservation and then must cancel, please do so by 8:00 AM Saturday preceding the hike. All “no-shows” and cancellations made after 8:00 AM Saturday are asked to pay the designated fare for the hike. Fees are \$25 for non-members and \$20 for members.

**Chartered Coach Trips** All hikes are coach trips unless otherwise noted. Reservations should be made with the hike leader no later than 10 a.m. Saturday preceding a hike. If the number of reservations does not permit chartering a bus, efforts will be made to arrange carpools.

**Suggestions for New Hikers** All Wanderbirds hikes are for the entire day and go rain or shine. Generally, drinking water is not available. Hikers should bring lunch and water. Boots are recommended for all hikes. Depending on weather conditions, additional clothing may be necessary. Leaders have the option of refusing to allow improperly dressed persons to hike.

**Responsibility** Hikers are responsible for their own safety and must assume all risk and liability when hiking with the Wanderbirds. Club leaders and officers shall not be liable for any injuries, loss, or damage to persons or property arising from any hikes, activities, or travel by car or bus.

**Membership** Dues are \$20 per calendar year, which allows you to vote at membership meetings and attend members-only events. Please notify hike leader or the Vice President of any change in your home address or other data.

**Park Fees** Shenandoah National Park entrance fees are \$8.00 per bus passenger Mar. thru Nov. and \$5.00 Dec. thru Feb. Golden Eagle or Golden Age pass holders do not pay a fee and are allowed 3 guests. This rule typically allows the bus to enter the park free.

**Meeting Place** for all chartered coach hikes is 17<sup>th</sup> and K Streets, NW unless otherwise noted.

**Bus departs at 8:00 AM from that location unless specified otherwise.** (VA) indicates an additional pickup in Virginia (Vienna Metro) and (MD) indicates an additional pickup in Maryland (Grosvenor-Strathmore Metro).

**Hike Distances** We schedule a long hike of 10-13 miles and a moderate hike of 6-9 miles each Sunday. Additional mileage is generally possible with the permission of the leaders for *fit, experienced* hikers at their own risk with the understanding that they will return to the bus by the specified time. An easy, less than 7 miles, may be offered if the trail permits. *Hikers new to the club must hike the moderate hike.*

**July 1 - Patterson Ridge, Brown Mountain, Appalachian Trail, SNP, VA** All hikers will do a clockwise loop by leaving the bus at Patterson Ridge Trail to the Big Run Portal Trail. Moderate hikers will then ascend on the Rocky Mountain Run and the Brown Mountain Trails back to the bus. Long hikers will continue north on the Big Run Portal Trail, crossing the stream four times, to the Brown Mountain Trail, which will be ascended back to the bus. Est.: 10.5 miles, 2400' elevation and 7.5 miles, 1700' elevation. PATC Map 11. Fare \$20/\$25 plus park pass or fee. Leaders: Rennie Peddie, renniptp@gmail.com 786-457-3793 and Vicky Hsu, hhueichi@gmail.com 240-370-7011 (VA).

**July 8 - Appalachian Trail, Caledonia State Park, PA** Hiking the beautiful trails south of Pine Grove Furnace, long hikers start their hike off Shippensburg Road at Fegley Road. They follow the AT down to the Rocky Knob Trail, viewing the tall rhododendrons and hemlocks near the Long Pine reservoir on the way and continue to the Dark Hollow Loop Trail to more huge rhododendrons and hemlocks on the Ramble Trail and Conococheague Creek in Caledonia. Moderate hikers go north from Caledonia with a climb on the AT and do a scenic loop on the Dark Hollow/Hosack Trail back through the same rhododendrons and hemlocks and along the same creek to the bus in Caledonia. Hikers wishing to use the Park's pool (fee required) should bring swimming wear. Est.: 13 miles, 1500' elevation and 9 miles, 1000' elevation. PATC Map 2-3. Fare: \$20/\$25, swimming fee extra. Leaders:

Mike Ollinger, edward\_ollieollie@yahoo.com 301-933-2196 and Anna Oldak, anika\_o\_99@yahoo.com 301-933-2196 (MD).

**July 15 - Camp Rapidan-Big Rock Falls, SNP, VA** Both hikes combine opportunities to tour the rustic former Presidential retreat of Camp Hoover (now Camp Rapidan) and to take a refreshing dip in the Big Rock swimming hole. Moderate hikers will start at Milam Gap, go south on AT turning left down the Laurel Prong Trail to Camp Rapidan, and then ascend to Milam Gap via Mill Prong with a swimming opportunity at Big Rock Falls. Long hikers start at Fishers Gap, go south on the AT, turn left onto Laurel Prong, and follow the moderate hike. Est.: 11.5 miles, 2150' elevation and 7.5 miles, 1500' elevation. PATC Map 10. Fare \$20/\$25 plus park pass or fee. Leaders: Emil Friberg, emilfriberg@hotmail.com 202-812-8990 and Marsha Johnston, mwjohnston1@gmail.com, 619-855-0669(VA)

**July 22 - White Oak Canyon and Cedar Run, Central SNP, VA** This hike affords excellent views of the waterfalls in the canyon. All hikers will start at Crescent Rock Overlook. All hikers will then proceed south on the AT. Long hikers will take Cedar Run down to the White Oak Cedar Run link trail and bear left to access the White Oak Canyon trail where they will also bear left to climb all the way up to the AT. Long hikers will then proceed south on the AT back to the bus. Moderate hikers will bear left at Cedar Run and take the White Oak Canyon Fire Road to the White Oak Canyon trail where they will bear left and follow the path of the long hikers to the bus. Some hikers may wish to view some of the waterfalls by heading down the trail to the first waterfall. Est.: 11 miles, 2300' elevation and 7-8 miles, 1200'-1850' elevation (depending on how far one descends to the waterfall). PATC Map 10. Fare \$20/\$25. Leaders: Jeff Thompson, jefferyathompson@comcast.net 703-859-0157 and Roslyn Rubin, roslynva@gmail.com 703-812-4855 (VA).

**July 29 - Kings Gap to Pine Grove, PA** All hikers will start at the Mansion Area of the Kings Gap Environmental Education Center. All hikers will start together on the Rock Scree, Forest Heritage, Maple Hollow Trails. Moderate hiker will turn left on the Scenic Vista trail to the Buck

Hollow trail. Long hikers will continue on the Scenic Vista\Maple Hollow trail crossing the park road to the Rock Scree Trail. They will then take the Ridge Overlook, Kings Gap Hollow to the Pond Day Use Area then get on the Scenic Vista trail to the Buck Ridge trail. All hikers will stay on the Buck Ridge trail until it ends at Pine Grove Furnace State Park. Est.: 10.5 miles, 1500' elevation and 7 miles, 1000' elevation. PATC map 2-3 and Kings Gap map. Fare \$20/\$25. Leaders: Kiko Alvarez, kiko\_a\_c@yahoo.com 607-279-3455 and Susana Mendez, Susaname@yahoo.com 607-279-4363(MD).

**August 5 - Jewell Hollow Overlook to Nicholson Hollow, SNP, VA** All hikers start at Jewell Hollow Overlook and take the AT south. Moderate hikers will head east when they reach the connector trail for Nicholson Hollow. They will cross the drive and continue on Nicholson Hollow Trail to the swimming hole and the bus at Nethers. Long hikers will continue on AT to the Passamaquoddy Trail and go around Stony Man via a horse trail to get back to the AT. They will then head north to the Nicholson Hollow turn off and follow the path of the moderate hikers to the swimming hole and the bus. Est.: 11.5 miles, 1000' elevation and 7.5 miles, 500' elevation. PATC Map 10. Fare \$20/\$25 plus park pass or fee. Leaders: Annetta DePompa, hikerfool@yahoo.com 410-535-5171 and Robert Mattaino, rcmattaino@gmail.com 443-254-0239 (VA).

**August 12 - Gifford Pinchot State Park, York County, PA** This is a relatively flat, mostly wooded, hike around a large lake in Gifford Pinchot State Park. Starting at the Quaker Race Parking Area, moderate hikers do a counterclockwise hike around the lake using the Lakeside Trail. Hikers can add 1-3 miles by adding on the Quaker Race or Pinchot Loops through remote, hillier sections of the park. Long hikers start at the Squire Gratz Road entrance to the Park and take the Mason Dixon Trail clockwise around the lake, joining the Lakeside Trail for the last three miles. Maps: Mason-Dixon Map 5 and Pinchot State Park Map. Est.: 12 miles, 1500' elevation and 9

miles, 1000' elevation. Easy option available. Fare: \$20/\$25. Swimming fee extra. Leaders: Brian Okonski, 202-368-5382 and Michael Roehm, Miroehm@gmail.com 301-223-7385 (MD).

**August 19 - Hawksbill Summit, SNP, VA** Hikers today will have the opportunity to enjoy the beautiful views of the Page Valley from the highest point in the Park. Long hikers start at Tanners Ridge Overlook where they take the fire road to connect to the AT, on which they bear north towards Hawksbill Summit. Moderate hikers start at Fisher's Gap and take the AT north. All hikers ascend to the summit of Hawksbill on the Salamander Trail where they stop to admire the view before continuing on to the Lower Hawksbill Trail back to the AT and to Little Stony Man parking lot. Est.: 11.5 miles, 2500' elevation and 8 miles, 1700' elevation. PATC Map 10. Fare \$20/\$25 plus park pass or fee. Leaders: Robert Holley, reilex@yahoo.com 571-247-2172 and Chris Bublitz, cbublitz4@comcast.net 240-687-3390(VA).

**August 26 - Green Ridge State Park, MD** This hike, along the Deep Run/Big Run Trail, ends at the Greenridge State Forest headquarters. Moderate hikers start their hike at Log Roll Vista, off Greenridge Road; long hikers start near Lock 67 of the C&O Canal Towpath, off Rte 51, and hike along the Log Roll Trail to the beginning of the moderate hike at Log Roll Vista. Green Ridge State Park map. Est.: 14 miles, 1500' elevation and 10 miles, 1000' elevation. Fare: \$20/\$25. Leaders: Adam Darkins, adamdarkins@aol.com 301-933-5508 and George Saxton, george@saxfam.net 703-855-0876(MD).

**September 2 - Neighbor and Knob Mountain Trails, SNP, VA** Long hikers start at Beahms Gap Overlook, and follow the AT north for about 1 mile and turn left onto Neighbor Mountain Trail. After crossing Jeremy's Run, they ascend Knob Mountain Trail. They turn right at the junction with Knob Mountain Cutoff Trail, and follow it to the AT north, which leads them to Elkwallow Wayside and the bus. Moderate hikers start at Panorama and follow the AT north, crossing over Pass Mountain on their way to Elkwallow Wayside and the bus. Est.: 12 miles, 2600'

elevation and 8.7 miles, 1900' elevation. PATC Map 9. Fare: \$20/\$25 plus park fee. Leaders J. L. Morris, Morrisjl@msn.com 240-507-3079 and Susan Whiteman, susanwhiteman1@gmail.com 240-723-5091 (MD).

**September 9 - Trout Pond, Hardy Country, VA** Trout Pond, created by massive limestone sink holes, is West Virginia's only natural lake, nestled in a little-visited area of mountains, streams and more sink holes. Hikers start at Trout Run Valley Road and ascend west onto the Long Mountain Trail to the junction with Trout Pond Trail. Moderate hikers turn onto the Trout Pond Trail and continue on Chimney Rock Trail to skirt around Rockcliff Lake in the Trout Pond Recreation Area (TPRA), terminating at the lake shore near the camping area. Long hikers continue on the Long Mountain Trail, making rights onto Trout Pond Road and Trout Pond Trail, and descend to enter the TPRA from the south. There is swimming at Rockcliff Lake near the end of the hike. Est.: 12.5 miles, 2500' elevation and 8.5 miles, 1500' elevation. PATC Map F. Fare: \$20/\$25. Leaders: Liz Festa, twodecks@comcast.net 202-491-1115 and Josh Silverman, betula54@msn.com 703-582-3456(VA).

**September 16 - Appalachian Trail, Black Rock Cliffs, Annapolis Rocks, MD** Moderate hikers start at Wolfsville Rd. and end at the bridge at I-70. Moderates will proceed south on the Appalachian Trail, passing Black Rock Cliffs and Annapolis Rocks. Long hikers start at Raven Rocks Rd., hike an additional four miles south on the AT, and then follow the path of the moderate hikers and end at I-70. Est.: 13 miles, 1500' elevation and 9.5 miles, 1000' elevation. PATC Map 5. Fare: \$20/25. Leaders: Kathryn Good, avignon7@aol.com 571-218-9225 and Elisa Braver, elisabraver@gmail.com 202-248-2171(MD).

**September 23 - Sky Meadows and Lost Mountain, VA** We will do a series of trails in the seldom visited Lost Mountain section of Sky Meadows State Park. After the hike we will stop at Blue Valley Oak Winery (<http://www.bluevalleyvineyardandwinery.com/>) for a wine tasting. Tastings for those who wish to do so are \$16. When signing up, please indicate if you will be doing the tasting. Note that you may purchase wine or snacks at Blue Valley Oak

Winery without participating in a tasting. Est.: 9 miles, less than 1000' elevation and 7 miles, less than 800' elevation. PATC Map 8. Fare \$20/25. Leaders: Larry Miller, prpltoupee@sprintmail.com 240-353-3143 and Laura Heaton, lauraheaton41@gmail.com 571-212-2592(MD).

**September 30 - Prince William Forest, VA (Jamboree) No Bus** Jamboree hike. All hikers start near the Visitor Center. Moderate hikers make a loop following the Laurel trail, North Valley, Lake One Rd, Mary Bird Branch, Old Black Top Rd, Taylor Farm Rd, South Valley and Laurel trail. Long hikers follow a loop consisting of the following trails: North Valley, Burma Rd, Taylor Farm Rd, High Meadows, South Valley, and Laurel trail. Est.: 12.5 miles, 1000' elevation and 8.5 miles, 500' elevation. Map: Prince William Forest Park web site. Leaders: Wendy Gasch, 202-363-4446 and Debbie Wallace, deborahawallace@hotmail.com, 301-318-1526 - NO BUS

**SUMMER SCHEDULE  
JULY - SEPTEMBER 2018  
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WANDERBIRDS HIKING  
CLUB, INC.  
Washington, DC**

*We are a Non-profit Club Open to All  
[www.wanderbirds.org](http://www.wanderbirds.org)*



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